

The Power of People and Pounds



Charities both locally and nationally are faced by an increasingly challenging funding landscape coupled with the increased cost of living.

This has also been our experience at HADCA and we have needed to make changes to our services. These changes have enabled us to continue to run services to individuals and to voluntary and community groups, as we have been doing for over 35 years, and to develop new opportunities.

We are here to connect and collaborate; to support anyone wanting to make a positive difference, with information, advice, encouragement and resources, to help sustain a thriving local voluntary sector and boost volunteering.

We know that as well as connections being key, funding and volunteers are the vital ingredients for community organisations.

Our 3 new projects focus on growing volunteering in 2024 and beyond. The 'Power of 10' awards and rewards scheme inspires young people in the Ripon area to seek out opportunities they may not usually explore. Help Out Harrogate and Community Fit both offer new flexible ways for people to contribute to their community. We're also proud to be growing local giving for grass roots organisations as a THE LOCAL FUND partner, which awarded over £92k last year and is now open for applications.

Read about these opportunities, and more, in the following pages.

Harrogate & District Community Action
Newsletter Spring 2024



@HADCAcharity



/HADCAcharity

Download this newsletter and keep up to date at
www.hadca.org.uk/news

Where to Turn

Free online Harrogate District
Community Information Directory
www.hadca.org.uk/WhereToTurn
Connecting local people to their community

Welcome to Care in Action

Our HADCA Newsletter is published twice during the year.

You don't need to miss out on any opportunities or community news in between editions as you can sign up to receive our **regular e-bulletins**.

These are packed full of the latest news, funding, learning, resources, local services, events, charity jobs and volunteering opportunities

'This is a brilliant bulletin - your newsletters spark off so many ideas.'

Sign up at <https://hadca.org.uk/LatestNews>

Share Your News

Editorial contributions for possible inclusion in 'Care in Action' are welcomed from all local voluntary and community organisations.

They should be between 50 and 500 words in length and contributors should bear in mind the non-political nature of HADCA. The editor reserves the right to edit contributions as necessary without reference to the contributor. The views expressed in this publication, whether attributed or not, do not necessarily reflect the views or policy of HADCA. To the best of our knowledge, the information contained in this newsletter is correct at the time of going to print. HADCA cannot accept responsibility for any errors or omissions. The inclusion of an event or article does not constitute a recommendation.

Deadline date for the next Summer edition: 25 June.

Editor: Angela Jones,
HADCA Information &
Communications Officer
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If you would like Care in Action to be available in other formats or languages, please let us know.



You are NOT ALONE

Financial help and support

For people struggling with household payments, debts or living costs, there is local and national financial help and support.

Wellbeing and mental health support

Taking care of our minds as well as our bodies is important and there are resources, national and local support to help.

Listing of sources of support

Where To Turn

HADCA's Community Information Directory for Harrogate District hadca.org.uk/WhereToTurn

Here to HELP

To chat through the options give the HELP team a call on 01423 813090 or help@hadca.org.uk

Support for Ukrainians



**North Yorkshire
Citizens Advice &
Law Centre**

At North Yorkshire Citizens Advice & Law Centre, we have a dedicated helpline for Ukrainians and sponsors, offering advice and support on a wide range of issues.

Homes for Ukraine Helpline

01757 600365

Monday - Friday, 09:00 - 17:00

If our advisors are busy, a voicemail can be left, with your name, number and if you require an interpreter. An adviser will contact you as soon as possible.

At North Yorkshire Citizens Advice we can support with advice on:

- Understanding benefits such as Universal Credit, eligibility rules, and conducting full benefit checks.
- Housing issues, including how to rent, tenancies and financial assistance.
 - The Biometric Residency Permit process.
 - Employment barriers and your rights at work.
- Signposting and introducing to other support across North Yorkshire.

North Yorkshire Council has information about emergency financial support, managing debt, benefit entitlement, energy bills and staying connected. Visit northyorks.gov.uk/costoflivingNY or call 0300 131 2 131 Mon – Fri 9.30 – 4.30 and ask for 'cost of living help' when prompted.

Happy to Help Out Harrogate



Our new Help Out Harrogate project recognises that not everyone has the time to dedicate to regular volunteering and provides opportunities for people to get involved in their local community as and when they can.

Volunteers can sign up to be part of a crew that is called on for anything from marshalling at flu clinics to planting crocus bulbs on the Stray, packing hampers for a charity, helping with community events, litter picking or conservation tasks. No two opportunities will be the same and there's no minimum commitment.

HADCA is working with charities and community groups to identify tasks and opportunities, where our crew's support will make a real difference.



This new pilot project harnesses the incredible power of our volunteering 'workforce' during the pandemic and is being generously supported by The Shears Foundation, Councillor Peter Lacey and Councillor Sam Gibbs.

So far this year the crew have been busy delivering leaflets, selling raffle tickets at Harrogate Charity

Beer Festival and helping at an Afternoon Tea for isolated older people.

They will also be marshalling at Saint Michael's Twilight Walk, pulling pints at the Henshaws Beer Fest and delivering Easter treats for Supporting Older People.

If your charity or group would like a team of enthusiastic volunteers who are willing to give their time to you when you need it at ad-hoc events, we would love to hear from you. We're also very happy to hear from anyone aged over 18 who would like to get involved, try volunteering and see what's out there!



[/HelpOutHarrogate](https://www.facebook.com/HelpOutHarrogate)



[/helpoutharrogate](https://www.instagram.com/helpoutharrogate)

hadca.org.uk/HelpOutHarrogate

Community Action and Change at HADCA

Charities both locally and nationally are faced by an increasingly challenging funding landscape coupled with the increased cost of living.

This has also been our experience at HADCA and due to changes in funding in 2022/23, we have needed to make a significant reduction in our costs during 2023/24 to achieve a balanced budget moving forward. This has involved completing a major restructure over the past few months, with changes to services, offices and staffing:

- ⇒ We returned the Ripon and Harrogate Voluntary Car Driver Services to North Yorkshire Council and are pleased that these much-needed services continue to operate using many of the same volunteers as before (see www.helpharrogate.org.uk for details of how this service is continuing to be provided)
- ⇒ We have paused new referrals for the Ripon and Rural Befriending Service, hoping to re-open if funding can be secured for the necessary staff costs to enable this to happen.
- ⇒ We have closed our office at Ripon Community House, with all staff now located at Harrogate Community House. However we continue to run services for people and community groups in Ripon. Our Connecting Ripon network, our Power of 10 volunteering project and all of our information and signposting services cover Ripon and the surrounding areas as before.

These changes have resulted in several redundancies as well as reductions in staff hours across the team, following a period of staff consultation.

However they have enabled us to continue to run the rest of our services to individuals and to voluntary and community groups and we would invite you to join one of our Intro Sessions which we run regularly throughout the year for a reminder of all of the support that we can provide.



Amongst those leaving is Karen Weaver, former CEO and Strategic Lead (Community Action) for the past 4 years. Karen will retire at the end of March after 15 years with the charity, following 20 years at Harrogate Borough Council.

Karen led HADCA through a variety of changes including merging with Ripon CVS and taking over ownership of Harrogate Community House. Most recently she has led on the new Community Fit and Volunteering City of Ripon projects, both of which have recently secured follow-on funding.



Kindness, Connecting & Collaborating



Karen's colleague Frances added, *'Karen has played a vital role in the local voluntary sector during a period of almost constant change.'*

'Her collaborative leadership and adaptability provided stability for our charity and she has always offered a listening

Karen said 'I have loved every minute of my time with HADCA and have worked with the most dedicated team of trustees, staff and volunteers who really get what we do and understand the often hidden difference we make in our area. I remain completely convinced that what we offer as a charity has value and really matters.'

It is sad to be leaving at a time when we have had to cut back, but the challenging work over the past 12 months means the charity is now in a strong position to build on the legacy of both myself and my much loved predecessors Hazel McGrath, Lynette Barnes and Ann Morris.

For the last thirteen years I've had the privilege of working alongside Frances Elliot MBE and am completely confident that HADCA is in safe hands as we look forward to 2024/25 and beyond.

Forging a strong relationship with the new North Yorkshire Council will be crucial, as HADCA continues to pursue its mission to support charities and volunteers across the Harrogate District. I would like to thank everyone I've worked with over the years - meeting amazing people doing amazing things every day is truly one of the best jobs you could ever have!'

ear for VCS colleagues, connecting up those who could help each other behind the scenes.



We will miss her kindness and her wealth of knowledge, always generously shared with others. Karen was instrumental in the establishment of The LOCAL FUND, ensuring a legacy of grant giving to small grass roots organisations in our area, which we know makes a fantastic difference to so many groups.'



'This group is my family'



Our weekly HELP Friendship & Exercise Club supports people aged over 65 in Ripon and surrounding rural areas to re-establish and maintain their vital social connections and to regain any loss of mobility and fitness due to disability, age or ill-health.

The Club takes place every Thursday afternoon at St Wilfrid's Community Centre in Ripon and sessions start with seated exercises led by qualified instructor Lisa. She guides participants through a series of chair-based exercises designed to increase physical strength and flexibility as well as exercising the brain! The second part of the session focuses on fostering social interaction, with members enjoying catching up over refreshments.

We have increased the length of the session to start earlier, finish later and include a light lunch of soup and a roll. This has been in response to the rising cost of living and the pressures on older people with a fixed income who are struggling to heat their homes. To ensure it is accessible to all, there is no charge for taking part, although members donate a couple of pounds when they can .

We're also increasing the opportunities for our members to try new things and enjoy other social outings. Over the last few months Dancing for Wellbeing has delivered an alternative session focused around dance.

Members have enjoyed a group outing to a garden centre in Northallerton and more recently we invited a speaker from the Coop Estates Planning Team to share useful information about Wills and Probate.



20 members enjoyed a lively Christmas lunch at The George at Wormald Green. Thanks to funding from Ripon Recycling Fund all the guests and volunteers enjoyed a wonderful roast dinner and received a little table gift.

Some of our members have developed strong friendships within the group and have arranged to meet up outside at different times of the week.

This has helped address their feelings of loneliness, particularly over the more isolating winter months.



Friendship & Fun

Vera's story

Vera was introduced to the Friendship Club during a Here to Help session and encouraged to come along. She was very nervous initially, as new groups were daunting.

Vera was finding walking increasingly difficult, especially her knees, so only ever walked to and from her apartment to the communal room at her supported living accommodation.

Over six months on and Vera has noticed how much more ground she is able to cover and says *'you never know, I might be able to go for a little stroll around the grounds in the spring!'*

Movement in Vera's legs has improved tremendously and even when she's talking herself out of going places during the week, after attending Friendship Club she feels so much happier for going.

How to get in touch

Harrogate: Email: help@hadca.org.uk
Call 01423 813090

'Here to HELP' in Harrogate district

- ⇒ Practical jobs around the home
- ⇒ Befriending (Ripon & surrounding areas)
- ⇒ Social activities
- ⇒ Information and signposting - where to turn for support in the community

<http://www.helpharrogate.org.uk/>



Step out to HELP!

The **Nidderdale Charity Walk & Run** on Sunday 19th May is a brilliant way to support your favourite local charity, enjoy exercise, good company, fresh air and our lovely Nidderdale countryside. The event is brilliantly organised by Rotary Club of Harrogate volunteers, who give friendly encouragement along the way, with drinks and biscuits!

2024 is the 30th anniversary of the walk. Supporters have raised over £970,000 for their charities over 29 years and now the target is to reach an amazing £1m raised.

You may support whichever charity you wish, including our HELP team or one of the 29 charities listed on the Walk website, who are all actively promoting the event.

<https://www.nidderdalewalk.com/>

Cheers to Harrogate Round Table for their support of HELP and local charities at the annual Harrogate Beer Festival.





Community House

Supporting Charities & the Community in Harrogate

Ever since Community House opened its doors back in 1997 the trustees have always aimed to ensure the premises are safe and comfortable for both our charity tenants and the many and varied visitors who come through the doors.

This has included building the annex extension, upgrading reception, installing new double glazing and a new fire alarm system, and keeping a close and constant eye on the regular maintenance needed to keep the 150-year-old main building watertight and warm.



Keeping rentals affordable for the voluntary and community organisations based here has always been a key priority, and any improvements are funded by grant applications and donations, rather than being passed on to tenants.

With the recent increases in energy costs attention is now focussed more than ever on keeping bills down, and on reducing the building's carbon footprint. We were therefore delighted to secure funding from several North Yorkshire councillors to be able to install new automated LED lighting throughout the building. A further grant then enabled us to make good the ceilings where the switch from rectangular strip lights to square LED lights had left an interesting patchwork in every office.

The works were completed by local energy company Energy Oasis, with whom we were connected up via one of our tenants who is involved in Zero Carbon Harrogate.

We're already seeing an impact on our electricity costs, not least as we no longer need to leave stair lights on continuously for health and safety reasons and the lights go off automatically when offices and meeting rooms aren't occupied.

This project would not have been possible without support from Vicky Wild of Fair Trade Harrogate who connected us up with Mike Kaye and his team at Harrogate based Energyoasis.

We are also incredibly grateful to North Yorkshire councillors Marsh, Aldred and Lacey as their support via their Locality grant funds meant we were able to complete the project promptly and start to see an impact on our energy costs very quickly once we got used to the new movement sensors around the building.

'Thank you for all your support to tenants , you do a fabulous job enabling us to be able to do what we do. So thanks for that and to say we really appreciate it.'



Keeping Doors Open



OFFICES AVAILABLE

For community organisations
at our Harrogate hub
harrogatecommunityhouse.org

There are currently 4 offices to let at Community House so if you are a charity or voluntary organisation looking for good quality reasonably priced accommodation please get in touch to have a look around and find out more.

Via our reception service HADCA provides a warm and friendly welcome Monday to Thursday as well as our Info Centre and access to a wide range of community information from our team and our online directories. A move here also means joining a range of like-minded charities all providing amazing services and support, from very local to international!

We also have 2 large and 2 smaller well-equipped meetings rooms which are available to hire to anyone needing space for anything from one to ones to workshops and training for up to 25 people.

Please give us a ring on 01423 504074, visit www.harrogatecommunityhouse.org, or call in Monday to Thursday 9.00 a.m. to 4.30 p.m to find out more and have a look around (other times by appointment).

'We genuinely wouldn't have been able to have grown the charity as we have if we hadn't been based at Community House.'



THE LOCAL FUND

HARROGATE DISTRICT

Making a difference

On an evening last November Harrogate was abuzz with high community spirits as representatives from the 36 organisations supported by THE LOCAL FUND for the Harrogate District in 2023 came together to celebrate the work they do and make new connections. The 36 organisations had received a total of £92,388.

Celia McKeon, Chief Executive at Two Ridings Community Foundation, described the wide variety of projects funded, from lunches for the homeless to a rural community choir, and how the fund also provides support with running costs so community organisations can keep their doors open.

'We celebrate both the amazing work that you do every day with the people you are here for - the activities, the outings, the services. And we also celebrate the often-unseen hard graft of running your organisations, paying the bills, training your staff and volunteers and meeting the costs that are hard to cover.'

New Funding Round open until 13 May 2024

<https://www.tworidingscf.org.uk/apply-for-funding/>

The Positive Power of 10



The Power of 10 scheme has shown what can be possible if a community works together to provide a nurturing and supportive environment for our young people.

The Volunteering City of Ripon was an 18 month project, as part of the Heritage Lottery funded Skell Valley Project. It was a wonderful collaboration of partners, supporting young people to explore the power of volunteering and the benefits it brings to both themselves and their community.

Following successful training events, in collaboration with Ripon YMCA, several local organisations opened their doors to young volunteers for the first time, developing and offering meaningful volunteering opportunities.

Now, with funding from the UK Shared Prosperity Fund via North Yorkshire Council, we're looking to embed the 'Power of 10' into the community, working closely with youth groups, schools, businesses, voluntary organisations and of course local young people.

Contact Project Co-ordinator Jo Thackwray

powerof10@hadca.org.uk

<https://hadca.org.uk/PowerOf10>



[/ThePowerof10](https://www.facebook.com/ThePowerof10)

We will support the provision of good quality volunteering opportunities to inspire young people, enabling them to develop their potential and explore opportunities they may not normally have, building confidence, skills, and good well-being practices along the way.

On achieving 10 hours of volunteering, young people receive the Power of 10 awards and rewards, in recognition of their commitment and hard work. They can then progress to achieve up to 100 hours and their Power of 100 award!

Power of 10 Co-ordinator Jo Thackwray said: ***'2023 saw many wonderful achievements with over 60 young people, aged from 9 to 17 years, receiving their Power of 10 awards. Four of our young volunteers each achieved 100 hours of volunteering, including the winner of Young Volunteer of the Year at the St Wilfrid's Stars Awards.'***

In 2024 we've already celebrated recipients of the Power of 10 award who have given time with Ripon Swimming Club and the National Trust at Fountains Abbey.



Join our Launch!



There's an exciting opportunity to join us at the Power of 10 launch event on 19th March, kindly hosted by the Ripon Inn.

You'll be able to network with local voluntary organisations and businesses, share ideas, pick up Power of 10 resources and find out more about how your voluntary organisation can recruit more volunteers and support our young people with:

- ⇒ Volunteering Opportunities
- ⇒ Employability skills
- ⇒ Improved mental & physical wellbeing
- ⇒ Feeling a valued part of the community
- ⇒ Keeping young talent local

You can drop-in between 12noon and 2pm, and between 4pm and 6pm.

Young volunteers bring new energy, perspectives and ideas to your organisation. Come along or get in touch to find out more!

**Volunteering
for students & young people
in Harrogate District**

email: volunteer@hadca.org.uk
www.hadca.org.uk/volunteer

**Free
Please
take one**

H&DCA

Harrogate and District
Community Action



Volunteering Directory

Looking for extra help with your organisation's fundraising, social media, events or admin, in your shop, café, library or garden? Need committee members, befrienders, drivers or website help?

Remember that you can advertise your volunteering opportunities in our local [HADCA Volunteering Directory](#) for free!

These opportunities are also shared on social media (please tag our dedicated volunteering account [@VolunteerHADCA](#)), in our regular e-bulletins, press columns and in our booklet of opportunities available at community venues and local events around the Harrogate district.

Last year we supported organisations to recruit volunteers for 293 different roles.

Please log in and update your opportunities if any details change and please make them 'inactive' if you are not currently looking for help in that particular role. If you have any questions we're always here to help at volunteer@hadca.org.uk

We also share bi-monthly updates for anyone who recruits, involves and supports volunteers, sharing best practice, learning and resources to help give volunteers and potential volunteers the best experience we can.

<https://hadca.org.uk/LatestNews>

Working Together for Our Communities

Connecting Ripon & Charity Chief Officers



'Connecting Ripon meetings are the best community meetings for sharing information, partnership opportunities, volunteer support and outcomes for local communities.'

'I value the opportunity to find out if there are ways we can work together to support one another.'

'Very useful meetings which result in positive activities for people in Ripon.'

Our Connecting Ripon Network, supported by funding from Ripon City Council, is a thriving partnership group, with over 130 members, representing over 70 organisations. We are working together to strengthen volunteering and community connections in Ripon and the surrounding area.

Local community organisations are very dependent on volunteers giving time to be able to do the fantastic work they do, and it can be a challenge to recruit enough volunteers to meet the need for services.

Working together we can grow a pipeline of volunteers, engaging and inspiring young people to form a lifetime habit.

Our Power of 10 Awards and Rewards Scheme and free Charity Learning Consortium training for Network members are some ways we can help to engage volunteers. [Read more on page 10.](#)

Harrogate District VCS Chief Officers and Chairs Group is a safe space to share concerns and ideas, during challenging times.

Citizens Advice and other members give updates on the impact of the cost of living locally and the support available. We also look at national trends as it is helpful to understand these issues, which are also concerns locally.

Chief Officers & Chairs Group Dates 2024

21 May, 11 September, 13 November

Decision makers from local VCS organisations are welcome to join us.

www.hadca.org.uk/ChiefOfficersChairsGroup

Connecting Ripon Meeting Dates 2024

1 May, 25 June 2 October

Anyone involved with a charity or community group working in the Ripon area is welcome to join our Network of over 130 members.

www.hadca.org.uk/ConnectingRipon

Making Keeping Fit Make a Difference



'I moved to Harrogate looking for new experiences and to meet people in my retirement. I've found friends, making Harrogate feel like home. It's a fun, inclusive experience for all ages, and you don't need to be a pro runner. This group has created lots of opportunities I would never have considered.'

We're also looking for new 'TaskStars', members who run, walk or cycle to help individuals with small, unskilled jobs in their homes or gardens that they are

unable to do themselves due to age, ill health and/or mobility.

Please get in touch with Anna on 01423 813095 or CommunityFit@hadca.org.uk if you think we may be able to help your group, or you would like to get involved.

'The support we've received over the past year has been invaluable and really supported our community charity to deliver it's much needed community services.'

The Community Fit pilot was a collaborative project between HADCA and North Yorkshire Sport, supported with an NHS grant received via Community First Yorkshire. During the pilot project 50 people ran or walked 810 miles giving 276 hours of help.

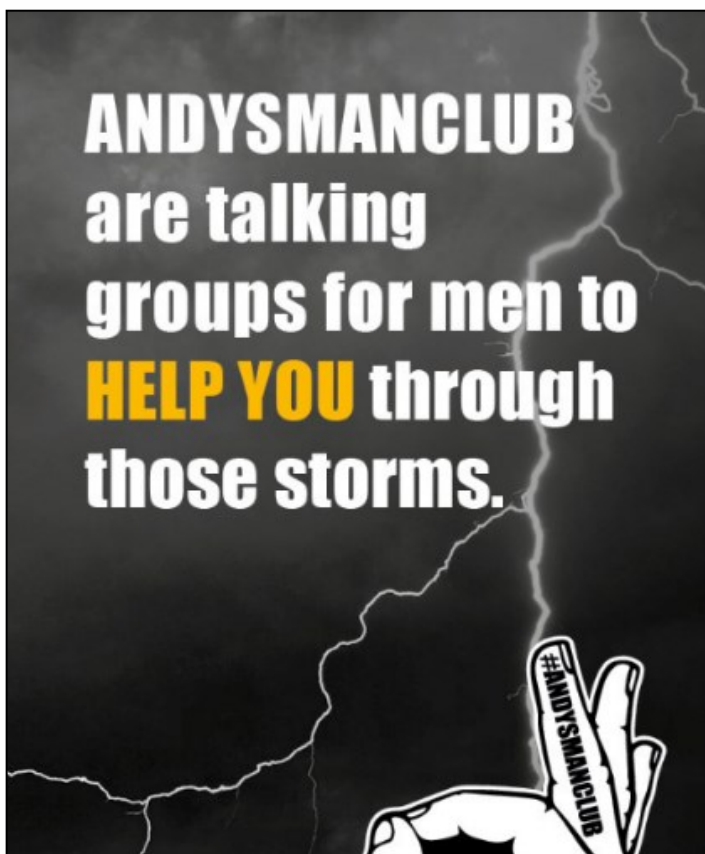
In 2024 we are delighted that we are able to continue to build this vibrant community of local people who meet to be social and active while giving time to Harrogate's people and spaces.

Community Fit combines being active, social and helping out in the local community. Community Fit members ('FitStars') meet every Wednesday evening at Harrogate Community House to run 1-2 miles together at an easy pace to a local charity or community group to lend a hand.

Helping out can involve anything from sorting donations, basic gardening, delivering leaflets, tidying a warehouse, litter picking or preparing materials for craft projects, anything that can safely be carried out by the group within an hour or so.

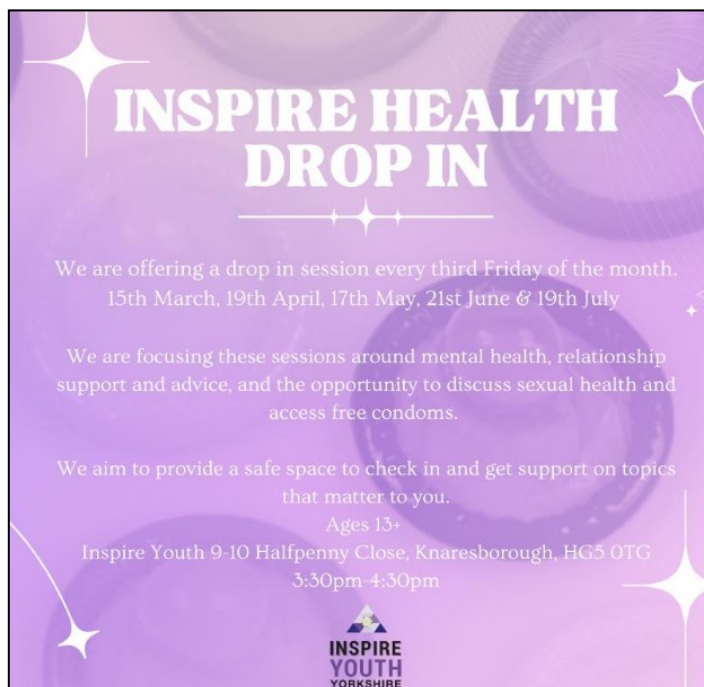
Participants don't have to be fast or sporty; runs are at a social pace and nobody gets left behind.

Where To Turn in Harrogate & Knaresborough



Since January, Andys Man Club has been meeting at 7pm on Monday evenings (not Bank Holidays) at Harrogate College. There are now over 100 clubs around the country.

The aim of the free-to-attend peer-to-peer support group for men is to eliminate the stigma surrounding mental health and create a judgment-free, confidential space where men can be open about the storms in their lives. Men aged over 18 are welcome to go along and enjoy a brew and a chat.



Inspire Youth is a local charity offering a service to meet the needs of young people aged 8 -18. The team offer weekly activities from their mobile youth base, as well as at indoor venues.

The monthly Inspire Health drop in for ages 13+ takes place on the 3rd Friday of the month, 3.30 - 4.30pm at Inspire Youth Yorkshire HQ, 9 - 10 Half Penny Close, Knaresborough.

The sessions are a safe space to check in and get support on topics that matter to young people. There is an opportunity to focus on mental health and relationship support, to discuss sexual health and to access free condoms. There will be different visitors and information to support wellbeing.

 [/Andys Man Club Harrogate](https://www.facebook.com/AndysManClubHarrogate)
<https://andysmanclub.co.uk/>

info@inspireyouth.uk
<https://www.inspireyouth.uk/>



Where to Turn

Free online directory making it easy to access up to date information about hundreds of community activities, charity services and events in Harrogate District which support good health and wellbeing

Where To Turn in Ripon



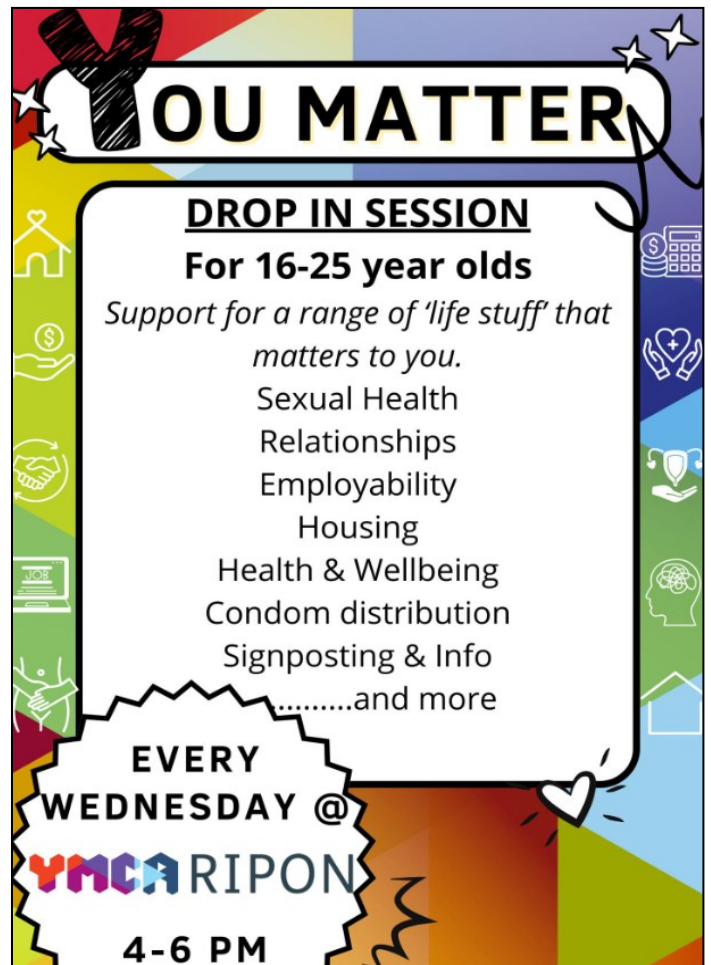
The Wellness Gateway CIC has set up a free Men's Social Group which meets on Tuesday evenings (not first Tuesday of the month) at the Ripon Salvation Army Outreach Centre.

This is a safe, non-judgemental space for men to come together to support each other with life's difficulties. It is run by men with lived experience, counselling and safeguarding qualifications.

Being at the Group is a chance to share, connect, just listen, have a brew, enjoy inspirational guest speakers, take away self-care techniques, access subsidised therapy and signposting.

contact@thewellnessgateway.org

<https://www.thewellnessgateway.org/mens-social/>



New weekly drop in session for young people (aged 16-25) to talk to YMCA staff and professionals from different organisations about 'life stuff' that matters to them, including employability, wellbeing, sexual health, housing, relationships, condom distribution, signposting and more.

On Thursday evenings, 'Me Time' sessions invite young people to take part in different approaches to improve and maintain emotional wellbeing and encourage them to prioritise self-care.

youth@riponymca.org

<https://www.facebook.com/YMCARipon>

Take Your Turn in the Spotlight!

If you are involved with a local charity and would like to feature in a future edition of Care in Action and on our HADCA website, please let us have your news at www.hadca.org.uk/Submit-News or email hadca@hadca.org.uk. We would love to hear about how your organisation makes life better for people in Harrogate district and opportunities to get involved.

H&DCA

Harrogate and District
Community Action



Where to Turn

Free Online Community Directory
for the Harrogate District

Our fully searchable Where to Turn Community Directory makes it easy to access up to date information about hundreds of community activities, services and events which support good health and wellbeing.

We're here to help connect you.

hadca.org.uk/WhereToTurn

Our free online resource for people looking for charity services, information, advice and support for themselves, someone they care for or support.

H&DCA

Harrogate and District
Community Action



Volunteering Directory

Find your ideal role

Our free online directory of volunteering opportunities in the Harrogate District can be searched by interest area, age, availability, wheelchair access and location.

Browse hundreds of different opportunities to volunteer and to get involved in your local community.

hadca.org.uk/Volunteer

Our free online resource matching local people with volunteer roles that suit their interests, skills, availability, location and needs.

How to Contact HADCA

Tel: 01423 504074

E-mail: hadca@hadca.org.uk

www.hadca.org.uk

Community House,
46 - 50 East Parade
Harrogate HG1 5RR

Some members of the HADCA team work from home and so email can be the best way to get in touch.

HADCA sends you 'Care in Action' because you have signed up to our information service or you receive it as a representative of one of our partner organisations. We record your name and address to enable us to provide this service. If you no longer wish to receive your copy of 'Care in Action', please let us know.



@HADCAcharity



www.facebook.com/HADCAcharity



North Yorkshire Council and Ripon City Council financially contribute to the provision of support to charities and volunteers in Harrogate District.

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