

Care in Action

Voluntary & Community Sector News for Harrogate District

Where to Turn this Winter



This will be a difficult winter for many of us with rising living costs. The message is that there is local support for anyone worried about managing energy costs, debts, buying food and keeping warm. Sometimes simply not knowing what's out there is the biggest barrier for people accessing the help they need. In this edition of our newsletter we share information about where to turn for help.

Local community organisations are also facing rising costs and increased demand for services. THE LOCAL FUND is open for applications until 9 January, with decisions on grants of £200 - £3k in mid February. Community Fit can offer a team of around 5 - 15 unskilled but enthusiastic volunteers for occasional tasks. Find out about these and other ways we support and connect people in the following pages.

If you're in a position to be able to, there are many ways of helping locally in the run up to Christmas. Resurrected Bites and local food banks are always in need of more donations and every local charity is facing the same increase in running costs and would welcome support. Playing or giving vouchers for THE LOCAL LOTTO or buying cards and gifts from local social enterprises are just some of the ways you can help spread some festive joy. Please visit hadca.org.uk/ChristmasKindness2022 for ideas.

If you make New Year Resolutions and want to keep motivated getting active, connecting with people or learning new skills there is no better way than to volunteer with other like-minded people. Take a look at our Volunteering Directory for inspiration at hadca.org.uk/volunteer

Harrogate & District Community Action Newsletter Winter 2022



@HADCAcharity



/HADCAcharity

Download this newsletter and keep up to date at www.hadca.org.uk/news

Where to Turn

Free online Harrogate District
Community Information Directory

www.hadca.org.uk/WhereToTurn

Connecting local people to their community

Welcome to Care in Action

Our HADCA Newsletter is published twice during the year.

You don't need to miss out on any opportunities or community news in between editions as you can sign up to receive our regular e-bulletins.

These are packed full of the latest news, funding, learning, resources, local services, events, charity jobs and volunteering opportunities

'This is a brilliant bulletin - your newsletters spark off so many ideas.'

Sign up at https://hadca.org.uk/LatestNews

Share Your News

Editorial contributions for possible inclusion in 'Care in Action' are welcomed from all local voluntary and community organisations.

They should be between 50 and 500 words in length and contributors should bear in mind the non-political nature of HADCA. The editor reserves the right to edit contributions as necessary without reference to the contributor. The views expressed in this publication, whether attributed or not, do not necessarily reflect the views or policy of HADCA. To the best of our knowledge, the information contained in this newsletter is correct at the time of going to print. HADCA cannot accept responsibility for any errors or omissions. The inclusion of an event or article does not constitute a recommendation.

Deadline date for the next Winter edition is Friday 19 May 2023.

Editor: Angela Jones, HADCA Information & Communications Officer angela@hadca.org.uk



If you would like Care in Action to be available in other formats or languages, please let us know.



You are NOT ALONE

Community Food Providers

Local community providers across Harrogate district are here to help anyone in need. All enquiries are dealt with in strict confidence.

Leaflet listing where to turn for help

Financial help and support

For people struggling with household payments, debts or living costs, there is local and national financial help and support.

Wellbeing and mental health support

Taking care of our minds as well as our bodies is important and there are resources, national and local support to help.

<u>Leaflet listing sources of support</u>

Where To Turn

HADCA's Community Information Directory for Harrogate District https://hacca.org.uk/WhereToTurn

Here to HELP

To chat through the options give the HELP team a call on 01423 813090 or help@hadca.org.uk

Information for Ukrainian Guests and Hosts hadca.org.uk/news/supporting-ukraine

friendsofukraine-northyorks.co.uk/

Homes for Ukraine

As part of the Homes for Ukraine project which is funded by North Yorkshire Country Council, Ukrainian nationals, sponsors and family hosts can contact us through our dedicated helpline.

> Citizens Advice North Yorkshire Homes for Ukraine Helpline 01757 600365

Monday — Friday, 09:00 — 17:00 A voicemail can be left out of hours and an Adviser will aim to get back to you within 1 working day.

Keeping Warm, Well, Safe and Social

Local charities and groups have been focussing on helping people reconnect with their local community these last few months. So many people had been missing company and had lost confidence during the extended time at home over the last two years.

For example, our weekly HELP Friendship & Exercise Club has seen lots of small positive changes with people joining the group retaining their mobility, making new friends and feeling better about getting through the week.

'We enjoy coming and look forward to seeing people. It's lovely to have a laugh and talk about silly things at this really difficult time. It helps me to look forward to the future.'



Throughout winter people can enjoy soup and a roll before seated exercise, with hot refreshments afterwards

This will be a difficult winter for many of us with rising living costs but everyone will be welcome at local community venues which are warm, safe, inclusive, supportive and comfortable. There will always be a warm welcome, good company and a hot drink, and there may be refreshments and activities too. For anyone struggling, reaching out for help and speaking to someone is the first step.

For anyone needing transport to get out and about, the HELP Driving Services may be able to help if a minimum of 2 working days' notice is given.



The increase in energy prices, interest rates and other cost pressures are putting many people in financial crisis. Sometimes simply not knowing what's out there is the biggest barrier for people accessing the help they need.

The Citizens Advice charity network provides free, confidential, impartial advice. Highly trained advisers help with maximising income, debt advice, increasing energy efficiency in homes and many other issues. Anyone struggling is advised not to let things build up. The sooner a call is made to Freephone Advice line 0808 278 7900 (9am to 4.30pm Monday to Friday), the sooner the first steps can be taken.

Monthly outreach sessions take place across the district and there is a session at the Citizens Advice office in Harrogate every Friday morning.

Warm and Well North Yorkshire can help anyone unable to afford energy bills or worried about heating their home. Call them on 01609 767 555.



https://hadca.org.uk/CostOfLiving
https://hadca.org.uk/WarmWelcome

Here to HELP in Harrogate district



The Great Yorkshire Showground is the venue for many events and activities each year and in 2022, as in 2021, was used as a venue for Covid 19 vaccinations.

Teams of paid vaccinators and administrators from Yorkshire Health Network were supported on site by teams of volunteers from 4 local community groups: HELP, Knaresborough Connectors, Boroughbridge Community Care and Nidd Plus.



Volunteers acted as marshals at the "Goat Shed" site, ensuring a warm welcome and the efficient and safe running of the sites

as well as finding lost keys and minding the odd dog outside! The teams received warm words of thanks from visitors, especially during several wet evening sessions.

HELP's team of volunteers alone covered 56 vaccination sessions in 2022, an amazing total of 1575 volunteering hours. Thank you to all the wonderful volunteers who gave up so much of their own time to support this service. We really couldn't have done it without them.

'Volunteering as a vaccination centre marshal boosted my own mental health having been made redundant. It gave me a sense of purpose.'

'When I started marshalling at the Yorkshire Showground vaccination centre, I was very impressed by the organisation and support provided by HELP during this time.'

Whilst details of any further vaccination sessions in 2023 are yet to be decided, there are still some pharmacies and other community venues locally where people can get appointments. In the meantime, the Goat Shed has returned to one of its other regular seasonal activities – selling Christmas trees!

How to get in touch

Harrogate: Email: help@hadca.org.uk

Call 01423 813090

Ripon: Email:

ripon@hadca.org.uk Call 01765 645902

Office hours: Monday to Friday 9am-4pm

'Here to HELP' in Harrogate district

Thanks to our amazing volunteers, we offer:

- ⇒ Voluntary car driving
- ⇒ Practical jobs around the home
- ⇒ Befriending (Ripon & surrounding areas)
- ⇒ Social activities
- ⇒ Information and signposting where to turn for support in the community

http://www.helpharrogate.org.uk/



Just a phone call away

We know the cost of living crisis is affecting everyone and we wanted to remind you that we're here to HELP.

We have the information people need to access the financial and wellbeing support they are entitled to, including benefits and energy saving. The team are just a phone call away to help anyone who has a concern or worry. If they can't help, they will know an organisation which can.

HADCA is a referrer for Foodbank vouchers. The local foodbanks are available at Life Destiny Church, Starbeck – Thursdays; Mowbray Church, Harrogate – Tuesdays and Fridays; Holy Trinity Church, Knaresborough – Wednesdays.



Food Support Ripon and Boroughbridge provides emergency food parcels for people in crisis. To access food support, ideally you need a referral from an organisation such as Citizens Advice, a health or care professional or church minister. Parcels can be collected Tuesdays and Thursdays. Email foodsupport@riponcommunityhouse.co.uk or call 01765 603631.

This winter, local venues are opening their doors to people to provide warm, welcoming, social and safe spaces. HELP has a full list of venues available so please get in touch. Everyone will be welcomed and treated with kindness and respect. If transport is an issue, please give our Driving Force service a call and we can help.

The Perfect Match



Both local to Ripon, Danny (28) and Janet (90) share a background in the military which provided a wonderful foundation for their bond.

After moving to Ripon, Danny, wanting to find more connection with his new community and decided to volunteer with HELP Ripon & Rural as a befriender.

Danny said: 'We typically see each other one or two times a week when I'm not away with work. We go out for a coffee, go to the garden centre, I help out in the garden, we sit and chat, or go out for a walk.'

'I just get a good feeling knowing that I can come and see Janet. I one hundred per cent benefit from this as well. There is so much to get out of being a befriender.'

Janet said: 'Danny adds a whole new dimension to my life, it's a fresh perspective and something new. It provides a link between the generations which is so important for your mental health.'

'I just know that the day will be a good day because I'm seeing Danny. The more elderly people that can have a befriender, the better they will be.'



http://www.helpripon.org.uk/

Getting active, being social & helping out



Our plans for next year include running similar events on some weekends, and also giving our members the opportunity to help individuals in their own homes with simple one-off unskilled tasks. All our volunteers will be fully trained and DBS checked.

If you know of any groups who could make use of a team of around 5 - 15 unskilled but

Community Fit launched in June this year. We are a team of local people who meet to get active, be social, and give time to Harrogate's people and spaces. We are a collaborative initiative between North Yorkshire Sport and Harrogate & District Community Action.

We currently meet on Wednesday evenings at our base at Harrogate Community House from where we run as a group to a local charity, school or environmental project. Once there we give around an hour of unskilled help with such jobs as basic gardening, clearing and tidying, delivering leaflets, anything that needs doing really!

We have been delighted to be able to help a variety of groups out since we launched - including Disability Action Yorkshire, Harrogate Easier Living Project, Woodlands Community Garden and also three local primary schools. We are also lined up to give some gardening help to Harrogate Homeless Project in the run up to Christmas. Since we launched we have given over 150 hours of help to these groups, and as a team we have run 500 miles to get to and from where we have helped out!

'As well as being a lovely group of people your energy and enthusiasm for completing the tasks was first class!'

enthusiastic volunteers for occasional tasks please contact us at info@communityfit.uk or annag@hadca.org.uk.



www.communityfit.uk









A Stronger Local Community



Thank you to everyone who joined us at our <u>AGM</u>, at Friends Meeting House, to look forward to connecting and collaborating across the district as we navigate the challenges of this winter and beyond.

We've worked hard to support our wonderful local voluntary and community sector organisations this year. We've also focused on helping people reconnect with their community, conscious that so many had been missing company and had lost mobility and confidence during the extended time at home.

We're delighted Helen Bourner is our new chair of HADCA trustees. She brings a wealth of experience from different sectors, which will be invaluable. Thank you very much to John Fox who stepped down from the Board having served his maximum



Harrogate and District Community Action

2021-22



103 ORGANISATIONS

supported to recruit volunteers for 247 different volunteering roles



824 ACTIVITIES SUPPORTING HEALTH & WELLBEING

listed in our Where To Turn Directory



141 PEOPLE CONNECTED AT 13 NETWORK MEETINGS

becoming more aware of local needs and services



£46,831 FUNDING

distributed to local projects through The Local Fund partnership



1,045 COMMUNITY CONTACTS

kept informed of opportunities by weekly bulletins

WWW.HADCA.ORG.UK

Our <u>HADCA Impact Report</u> gives some examples of how we have helped and connected communities, charities and volunteers. The work of our HELP services would not be possible without the dedication and commitment of our volunteers. Thank you to everyone who has supported HADCA during the year.

88 Projects Making a Difference



'More recently they have assisted in the response to and recovery from Covid, and now the impact of increases in the cost of living.'

'Despite the local government changes in 2023 the fund will remain for the long term, supporting local grass roots community action across the whole of the district and with local people involved in decisions about the awards.'

As Harrogate Borough Mayor,

HADCA is proud to be a THE LOCAL FUND for the Harrogate District partner with Two Ridings Community Foundation and Harrogate Borough Council.

It is five years since THE LOCAL FUND was launched and since 2018, 88 community projects have been supported and £237,266 paid out in grants.

Jan Garrill, Chief Executive of Two Ridings Community Foundation, said:

'These grants have supported activities around mental health, inequality, hidden poverty and loneliness.' Cllr Victoria Oldham, said at the recent celebration event, our district would not be such a warm and supportive place without the vital work of these community organisations bringing people together and addressing local, sometimes hidden, needs. Thanks to generous donors, Harrogate Borough Council and players of THE LOCAL LOTTO people of all ages are given new opportunities.

During the cost-of-living crisis, groups may want to run more activities so people have a warm space to access. They are encouraged to include overheads as part of their application as the funders have a commitment to full cost recovery.

How can I apply?

Local groups can apply for activities and services that support people, keeping them connected to their community



and with each other, providing long term benefit.

Apply for a grant of between £200 and £3000 in the current funding round by 9 January 2023.

https://www.tworidingscf.org.uk/fund/tlfharrogate/

How can I get involved?

Become a Friend of THE LOCAL FUND and join a group of like-minded people and organisations who wish to encourage charitable giving and champion THE LOCAL FUND.



01904 929 500

hello@tworidingscf.org.uk

https://www.tworidingscf.org.uk/tlfharrogate/



Need to boost funds?

Start fundraising with THE LOCAL LOTTO for the Harrogate District now!

You'll gain FREE access to a fantastic online fundraising tool where you can raise unlimited, unrestricted year-round funds.

Sign up and go live by 26 February 2023 to also be entered into the Lottery's 'WIN £250 CASH for your cause' draw.

It's free, quick, and easy to register to fundraise. Once your charity has been approved you'll get the following benefits:

- The ability for your supporters to 'give' with a chance to win up to £25,000 weekly, plus bonus prizes!
- Your own Good Cause webpage to fundraise via lottery tickets
- A suite of marketing materials you can use to advertise your Good Cause
- Regular monthly income for your cause

So what's the story?

It's a weekly draw, tickets are £1 each and most supporters play by monthly direct debit from as little as *£4.34 a month (*1 ticket a week paid monthly).

Selling just 50 lottery tickets a week will see you raise £1,300 a year, not to mention any donations you could get from lucky winners!

Register Now

If you require any further information please contact Fiona Friday at local.lotto@harrogate.gov.uk

https://www.thelocallotto.co.uk/

Citizens Online

DO YOU NEED HELP GETTING ONLINE?

CALL OUR FREE DIGITAL SKILLS
HELPLINE

0808 196 5883

The boundaries created by digital isolation are challenging to overcome, and access to devices only sometimes resolves the problem. Guidance, support and reassurance are often needed to maximise users' experience.

Citizens Online offer a way to support those most in need, providing guidance online, by telephone and in person. Digital Champions bring a wealth of knowledge, compassion and understanding to aid the development of digital skills relevant to an individual's needs.

To access these services call the helpline on **0808 196 5883** and leave a message, or visit www.citizensonline.org.uk

One of the Digital Champions will contact you to discuss the issue and attempt to provide support and resolution. They can provide support, hardware guidance, and in many cases, refurbished devices through links with local businesses and the RebootNY scheme (https://rebootny.co.uk). Some volunteers can also provide hardware support and aid in renovating existing devices at a minimal outlay.

If you know anyone who could benefit from support, or who would be interested in volunteering, please get in touch.



Inspiring and Empowering Young People



We're delighted to share phase 2 of the Volunteering City of Ripon Project with you.

In the summer, we conducted various research projects to learn more about the landscape of volunteering in Ripon and what our charities and organisations need support with. Ripon already has a wonderful culture of volunteering and a city rich in good and varied volunteering opportunities. However we discovered recruiting more young volunteers was a priority for everyone.

By recruiting more 14 to 18 year olds we would begin to create a sustainable pipe line of new volunteers for the future of Ripon, and in turn provide meaningful opportunities and support the wellbeing of our young people.

We identified 3 key areas for development, which will support increased activity to recruit 14 to 18 year olds:

- ⇒ Training and Awareness Commitment
- ⇒ Ripon Hub
- ⇒ Incentives

We are committed to exploring and bringing these 3 key areas to life over the next 12 months.

Read more about these 3 key areas, our project principles, our project partners and how you can get involved at hadca.org.uk/VCOR

Save The Date!

Following the recent 'Are you ready to recruit young volunteers' workshop, we are collaborating with Ripon Library and Ripon YMCA, to host a Young Peoples Volunteer Recruitment Fair, on Weds 15 February, 1 – 5 pm, at Ripon Library.

This is an opportunity for your charity or organisation to attend and share your meaningful volunteering opportunities specifically for young people, with the view to offer:

- ⇒ Taster sessions
- **⇒** One off projects
- ⇒ Long & short term roles

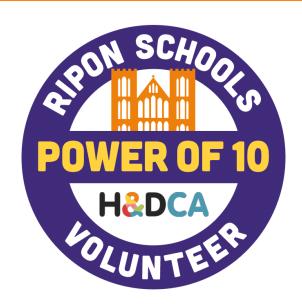
From our recent Teen Talk with young people, we know they are keen to explore volunteering and they asked for this fair as a way to see what's on offer in our community specifically for them.

To secure a free table for your organisation, please email JoanneT@hadca.org.uk by 18 January.

'Over the time I spent volunteering I grew so much and developed a confidence that I didn't have before and that I still carry with me now.'







Our Volunteering City of Ripon project is pleased to have launched new educational resources and "The Power of Ten" challenge for schools and children's clubs, in collaboration with Picture News.

These interactive resources open the conversation about volunteering, the benefits to self and the community, with the option to complete the "The Power of Ten" challenge. This is an opportunity for schools to complete 10 hours of volunteering for a local organisation, which will help to strengthen communities and improve wellbeing for all involved.

Once the challenge is completed, each school will receive a certificate and individual badges for the children. By using these resources in schools, we hope to plant the seed from an early age, that volunteering is a natural part of life. Our aim is to empower and inspire children to volunteer in their free time and beyond school age, in turn creating a sustainable pipe line of new volunteers for our community.

View these special new resources at

https://hadca.org.uk/VCOR-The-Power-Of-Ten

If you would like to learn more about "The Power of Ten "challenge please contact our Project Coordinator Jo Thackwray JoanneT@hadca.org.uk



Needing more volunteers for 2023? We can help

Remember that you can advertise your volunteering opportunities in our local <u>HADCA</u> <u>Volunteering Directory</u> for free!

These opportunities are also shared on social media, in our weekly e-bulletin, regular press columns and in our booklet of opportunities available at community venues and local events around the Harrogate district.

Last year we supported 103 organisations to recruit volunteers for 247 different roles.

'Going through what was on offer in the Directory helped to focus in on what might suit me, my interests, capabilities, skills and experience, and on what I could gain from the opportunity.

Having filled out the short enquiry form for my chosen charity shop role, I was contacted in less than 24 hours by the Shop Manager who offered me a 'Taster' slot at my convenience.

It went well and I now feel part of the team. The activity is turning out to be sociable and beneficial for me as well as for others.'

Please update your opportunities if any details change and please make them 'inactive' if you are not currently looking for help in that particular role.

The Directory is simple to use but we're always here to help at volunteer@hadca.org.uk

Working Together for Our Communities

Connecting Ripon & Charity Chief Officers



It is always good to bring together decision makers from our Harrogate district charities at the Chief Officers Group, to share challenges we face and opportunities to work together. New connections, conversations and ideas shared all help to improve services for local people.

At our recent meetings we had update on the cost of living crisis and its impact in Harrogate district from members, including Citizens Advice. By September, they had seen 82% more people in crisis in our area than in the same period last year. The figure was even higher for people with disabilities or long term health conditions.

The message to share is that anyone struggling needs to ask for help as soon as possible, and not to let things build up if they're struggling.

A positive strength of the district is the range of VCS organisations and community assets and that organisations work together e.g a Citizens Advice worker is now attending sessions of the Harrogate District Foodbank.

Connecting Ripon Network meetings are always a positive hour highlighting exciting new projects, activities and events, with opportunities for local groups to connect and residents to get involved.

4 members of the Network have now joined our Volunteering City of Ripon steering group. We are pleased to have such expertise and knowledge to help guide our thinking and project development.

(see more about the project on page 10)

Chief Officers & Chairs Group Dates 2023

22 February, 23 May, 13 September, 15 November

Decision makers from local VCS organisations are welcome to join us.

www.hadca.org.uk/ChiefOfficersChairsGroup

Connecting Ripon Meeting Dates 2023

7 February, 10 May, 4 July, 4 October

Anyone involved with a charity or community group working in the Ripon area who would like to connect with others to achieve more is welcome to join our Network of over 100 members.

www.hadca.org.uk/ConnectingRipon



Community House

Supporting Charities & the Community in Harrogate



In November we very excited when local digital radio station Your Harrogate offered to host their daytime programme from Community House.

Over the course of 4 hours they interviewed 14 different people from charities based here as well as taking lots of photos and videos and sharing the whole visit on social media.

Welcome Dancing for Wellbeing!



In October we were delighted to welcome Dancing for Well-Being as new tenants, with new manager, Hannah Wood having her office with us.

Their groups across the district provide gentle, safe exercise, which is relaxing and uplifting. The sessions are all about fun and friendship, with time for socialising with tea, coffee and biscuits.

http://www.dancingforwellbeing.org/

Whilst the sight of the big green microphone put some of our participants well out of their comfort zone everyone was brilliant at explaining what they do and how people can get involved. A big thank you to Your Harrogate for this opportunity, especially Pete Egerton and Ben Groom.

The various interviews underlined the huge amount of work going on by local charities and the impact they make. They also highlighted all the preparations for the festive season

with many social events, gift distribution and fundraising activities all underway.

HADCA also writes 2 columns each month in the local newspapers, so if you would like us to share your news, how you can help and opportunities for people to get involved, please get in touch!

Need an Office or Meeting Room?

At the time of writing we have two offices available to let, which could accommodate 3 or 4 people. If you are charity or community organisation interested in joining us please get in touch for more information or to arrange a visit during our opening hours Mon – Thurs 9 – 4.30.

'We genuinely wouldn't have been able to have grown the charity as we have if we hadn't been based at Community House'.

Please call the team on 01423 503700 or email reception@harrogatecommunityhouse.org http://www.harrogatecommunityhouse.org/

HADCA Members in the Spotlight

Harrogate Clothes Bank



The discussion about the cost-of-living crisis often focuses on food and heating, while many forget another basic necessity: clothing.

Clothing poverty is growing across the UK and Harrogate Clothes Bank helps bridge this gap locally, providing free seasonal, clean, good quality second-hand clothes to anyone in need. Everything supplied is donated from within the community and offered free of charge on trust, with no proof of income, referral or appointment required.

Operational Manager Mike Procter says: 'Many of the people using our service need a lot of items, sometimes urgently. We work with a wide range of organisations, and regularly provide Harrogate Homeless Project with clothing for their clients, as well as supporting women's refuges with clothes for women fleeing domestic violence.'

'So far this year, we've provided over 5,000 items of clothing to more than 400 visitors to our warehouse, almost 60% of them families with children.'

'We're expecting user numbers to increase as living conditions continue to bite for those in and out of work; 25% of our clients are working but struggling.'

Volunteers receive and sort clothing donations, gratefully accepted from generous donors across Harrogate district. The emphasis is on adults and school-age children, and the team work closely with another local charity, The Village, who focus on babies, pre-school children and school uniforms.

Volunteer-led since inception as a St Mark's Church project in 2016, they are a diverse group, with 28 people regularly giving time and expertise. However, they are keen to expand the team , and especially welcome those with experience in referral liaison, partnerships and fundraising.

Mike says: 'Our overheads are approximately £8,000 per year, reliant 100% on donations. We're working to increase fundraising capacity and raise awareness of our work.'

Continued on page 15



Where to Turn

Free online directory making it easy to access up to date information about hundreds of community activities, charity services and events in Harrogate District which support good health and wellbeing

HADCA Members in the Spotlight

Free clothes to anyone in need

'We've recently set up a 'Text to Donate' function and begun partnerships with local businesses and schools to drive successful fundraising events.'

'We pride ourselves on our green credentials, with nothing we receive going to landfill. Not every donation is suitable, so we work with another clothes bank in West Yorkshire and a specialist 'reuse, recycle & repurpose' company. So far in 2022, over 600kg of clothes have been saved from landfill in this way.'



https://harrogateclothesbank.co.uk/

Opening hours: Wednesdays 10am-12noon, and second Saturday of the month, 10am-12noon

Disability Action Yorkshire – REAR ENTRANCE, Unit i4a, Hornbeam Park Oval, Harrogate HG2 8RB

Text to Donate - text CLOTHES 5 to **70450** to donate £5, CLOTHES 10 for £10, etc.

Clothing donations of clean, seasonal, undamaged adults and kids (preferably age 6+) items gratefully accepted. Drop donations in the clothing bin outside the premises or pop in during opening times.

Support to Ukraine



The Clothes Bank has seen a huge spike in Ukrainian clients visiting their Hornbeam Park warehouse, with several returning as volunteers.

Not only are they supporting locally, but they're also offering support to Ukrainian refugees overseas. Through the Calvary Chapel Church Harrogate, over 600kg of clothing has been donated for onward

transportation to its churches in Hungary, hosting and transiting Ukrainian refugees.

Free warm clothes! Harrogate Clothes Bank has FREE good quality preloved clothes

No referral needed - open to all Hornbeam Park, HG2 Wed 10-12, plus second Sat of each month

Take Your Turn in the Spotlight!

If you are involved with a local charity and would like to feature in a future edition of Care in Action and on our HADCA website, please let us have your news at www.hadca.org.uk/Submit-News or email hadca@hadca.org.uk We would love to hear about how your organisation makes life better for people in Harrogate district and opportunities to get involved.



hadca.org.uk/WhereToTurn

Our free online resource for people looking for charity services, information, advice and support for themselves, someone they care for or support.



hadca.org.uk/Volunteer

Our free online resource matching local people with volunteer roles that suit their interests, skills, availability, location and needs.

How to Contact HADCA

Tel: 01423 504074 E-mail: hadca@hadca.org.uk www.hadca.org.uk

Community House, 46 - 50 East Parade Harrogate HG1 5RR

Community House, Sharow View Allhallowgate, Ripon HG4 1LE

Some members of the HADCA team are working from home and so email is often the best way to get in touch.

HADCA sends you 'Care in Action' because you have signed up to our information service or you receive it as a representative of one of our partner organisations. We record your name and address to enable us to provide this service. If you no longer wish to receive your copy of 'Care in Action', please let us know.



@HADCAcharity



www.facebook.com/HADCAcharity







Harrogate Borough Council and Ripon City Council financially contribute to the provision of support to charities and volunteers in Harrogate District.

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